

Wellbeing Goal: This can be the same as the Vision in the WorkW	Vell Group Terms of Reference
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**Plan Timeframe:** *Aim to begin activities around the time of* accreditation and complete all activities within 12 months

#### **Rationale**

< Workplace > understands that employers have a legal responsibility and duty of care to protect their staff by taking all practical steps required to minimise the risk of sun exposure.

Workplace has identified that there is many staff with outdoor duties. In addition, there has been an obvious increase in the number of staff spending break times outdoors since the beginning of the summer season.

Results from our June 2023 staff survey showed the following:

- Many staff are working or spending break times outside without proper sun protection
- Sun safety protection equipment is limited and not easily accessible
- Staff have limited knowledge of the importance and range of sun safety practices
- Workplace is lacking shaded outdoor areas for protection from the sun

Optional: Insert the symbols below into your action plan if they relate to your planned activity. If neither symbol is appropriate, leave blank. For more information on the purpose of the symbols and how they can be applied to your action plan visit the following links: Environmental Sustainability and/or Cultural Mindfulness.

The environmental sustainability symbol represents actions in your plan that contribute to improving environmental sustainability of the workplace.



The cultural mindfulness symbol represents actions in your plan that contribute to improving diversity, equity, and inclusivity in the workplace.





#### **Sun Safety**

	Activities What are we planning to do	<b>Tasks</b> What Steps are needed to make it happen?	Communication How will employees be made aware	Timeline When do we want it done by	Responsibility Who will make it happen?	Resources Costs, equipment etc.	Environmental sustainability and Cultural Mindfulness
	Provide employees	Review available sun safety protective gear for					
	with sun safety	outdoor workers, according to the list below:					
Organisational Change	protective gear	<ul> <li>Dark coloured, broad brimmed hats that shade the neck, face and ears</li> <li>Brim and neck protection attachments for hard hats</li> <li>Close weave protective clothing (UPF 50+) including long sleeved shirts with collars; long trousers/ knee length shorts</li> <li>Broad spectrum SPF 30+ sunscreen (stored below 30 degrees Celsius)</li> <li>Wraparound sunglasses or UVR protective goggles</li> <li>Source any protective gear required</li> <li>Provide protective gear to outdoor workers</li> </ul>					



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Review work	Review current employee work schedules and					
schedules to	identify work conducted outdoors during high					
reschedule tasks	sun alert times					
and/or rotate work	Meet with employees involved and discuss					
patterns	rescheduling of work tasks to outside these					
	times and/or possibility of staff rotation so the					
	same people are not always out in the sun					
	Develop agreement document outlining changes					
	for staff involved to sign					
	Trial changes for eight-week period					
	Meet with employees involved to discuss and					
	evaluate trial period					
	Make required changes to work schedules as					
	discussed or continue/discontinue new					
	schedules to					
	all staff					



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	Develop a sun safety policy	<ul> <li>Form sun safety sub-group</li> <li>Review current policy (if applicable)</li> <li>Draft policy content</li> <li>Send policy and feedback form to all staff</li> <li>Collate feedback and amend draft</li> <li>Send second version to staff for final feedback</li> <li>Finalise policy; add to standard policy template</li> <li>Launch policy including communication to all staff</li> </ul>					
Physical Environment	Increase coverage of shaded outdoor areas, particularly during high UVR periods	<ul> <li>Review existing shaded areas and note areas currently exposed to the sun, particularly between 10am-4pm</li> <li>Explore options for portable and permanent shade structures including awnings, umbrellas, buildings and trees for areas identified as exposed to the sun</li> <li>Purchase/source required shade structures</li> <li>Erect shade structures in identified areas</li> </ul>					



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Individual Change	Raise employee awareness of the dangers of exposure to UV radiation and of the possible causes and symptoms of skin cancer	<ul> <li>Display posters in the staff room and bathrooms highlighting the dangers of sun exposure and the 'slip, slop slap and wrap' message</li> <li>Place pamphlets and resources about sun safety and skin cancer in the staff room</li> <li>Promote sun safety as a regular feature in monthly workplace e-newsletter between September and April</li> <li>Add link to the 'Sun Protection Alert' tool on workplace intranet</li> </ul>					
	Collaborate with local Cancer Society representative to offer a half day training session for all employees	<ul> <li>Contact local Cancer Society representative and discuss options for content and delivery</li> <li>Schedule and offer presentation covering:</li> <li>Harmful health effects of excessive sun exposure</li> <li>Environmental and individual risk factors for skin cancer</li> <li>Correct application and use of sun protection measures</li> <li>Vitamin D and sun exposure</li> <li>How to check for skin cancer/what to look for</li> <li>What to do if concerned about a suspicious</li> </ul>					



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**Objective**: e.g. Increase/decrease in number of staff reporting X behaviours

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	mole, freckle or spot					
	Provide employees with a one-page document of					
	take-home messages					

#### **Evaluation Strategies:**

- Staff survey number of staff reporting knowledge of sun safety protective gear available to them at work
- Staff survey number of comments relating to workplace support for sun safety
- Organisational Profile Tool availability and awareness of sun safety policy

Evidence of activities completed